



**Tauranga
Girls' College**
The School of Choice for Girls



DANCE TROUPE MANUAL

LET'S DANCE!

At Tauranga Girls' College we offer a range of extra-curricular Dance opportunities alongside our curriculum options. There is a culture of student leadership and collaboration in Dance. Senior students act as mentors to the younger students and life-long friendships are forged. Students of any year level and ability are encouraged to get involved!



Our Purpose

Dance is an expressive human movement, which forms an integral part of human life and culture. Through dance, students develop an understanding of its value in their own and other cultures and improving self-awareness.

At Tauranga Girls' College the following dance troupes are on offer:

- Jazz
- Lyrical/Contemporary
- Hip Hop
- Junior Dance Club

The purpose of our school dance troupes is to provide students with:

- The opportunity to be part of a team
- Opportunities to develop technique and self-expression
- Build a repertoire of dances to showcase at local community events and competitions
- To compete against other dance schools in several local and national competitions

Being a part of one of our school dance troupes is an honor and a privilege, not a right! Being a member of this team requires a positive attitude and significant commitment. Each dancer and leader are required to sign our contract that outlines the expectations.

Any student who does not uphold our values of respect, participation, and pride through their lack of commitment may be removed from the team.

Commitment & Expectations

Being a part of a team means being part of something much bigger than just yourself. In dance we develop soft skills such as:

- Cooperation
- Confidence
- Commitment
- Trust
- Reliability

It is important that if you are chosen for a troupe you commit to the scheduled practices, performances, and competitions:

- If you are unable to attend a practice due to sickness or another school activity, please communicate this to the teacher in charge or team captain ASAP. In the event a dancer does miss practice they may be repositioned in the dance in order to avoid further disruption to the progress of other team members.
- Missing more than 3 Scheduled Troupe practices per term may result in the dancer being removed from the team.
- Once a competition date is set, if something else comes up AFTER this time, we expect the competition to take priority. Failure to do so may, once again result in a dancer being removed from the team.
- All students will sign a contract to agree to the expectations outlined.

COMMITMENT IS SO SO IMPORTANT!!!

Troupe Fees

Our troupes are fully student funded and we aim to keep costs as low as we can. The non - refundable fee for our auditioned troupes is \$50 for the year. This cost covers competition entry fees and costumes.

Any accommodation, travel, make up costs, and shoes are covered at your own expense.

Fundraising opportunities may be organised in negotiation with the team and Teacher in Charge.



"Being involved in Dance troupes has helped me grow not only as a dancer but also as a person. I have made some lifelong friendships and been given the opportunity to work with some incredible student choreographers who have inspired me (Ajah Cameron, Year 13)

JAZZ TROUPE

This troupe is an auditioned troupe made up of year 9-13 students choreographed in a Jazz genre. Students practice weekly and work towards competitions and performances. NCEA credits available for students who may not take curriculum dance.

Students will need to commit to the following events:

| | | |
|---|----------------|-------------------------|
| Gillian Moore School of Dance Competition | 30 April | Baycourt Theatre |
| Create the Bay | 27 - 29 May | Tauranga Boys' College |
| Tauranga Dance Inc Competition | June (Day TBC) | Baycourt Theatre |
| TGC Showcase | 6 July | Tauranga Girls' College |
| Tauranga Performing Arts Festival | 8 -17 July | Baycourt Theatre |
| Dance NZ Made | 1 August | Baycourt Theatre |

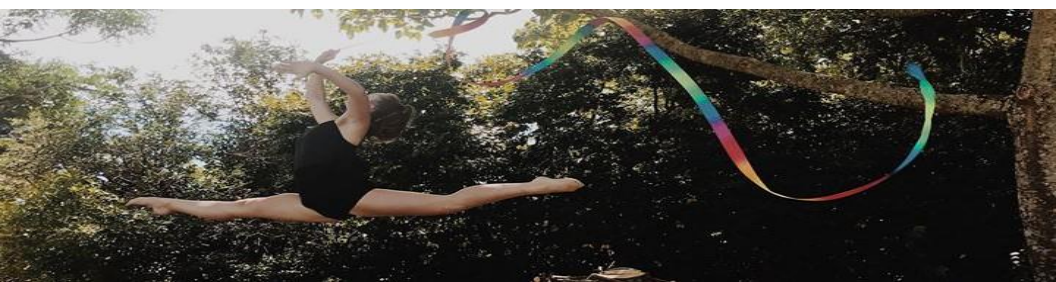
All dates are subject to change and more could be added.

For more information contact

Senior Coach
Jemma dos Santos
dj194421@tgc.school.nz

Assistant Coach
Dillyn Shine
sd19244@tgc.school.nz

Teacher in Charge
Ms Laura Currie
lcurrie@tgc.school.nz



CONTEMPORARY TROUPE

This troupe is an auditioned troupe made up of year 9-13 students choreographed in a Lyrical/Contemporary genre. Students practice weekly and work towards competitions and performances. NCEA credits available for students who may not take curriculum dance.

Students will need to commit to the following events:

| | | |
|---|----------------|-------------------------|
| Gillian Moore School of Dance Competition | 30 April | Baycourt Theatre |
| Create the Bay | 27 - 29 May | Tauranga Boys' College |
| Tauranga Dance Inc Competition | June (Day TBC) | Baycourt Theatre |
| TGC Showcase | 6 July | Tauranga Girls' College |
| Tauranga Performing Arts Festival | 8 -17 July | Baycourt Theatre |
| Dance NZ Made | 1 August | Baycourt Theatre |

All dates are subject to change and more could be added.
For more information contact

Senior Coach
Ajah Cameron
ca18094@tgc.school.nz

Assistant Coach
Ayva McOnie
ma19183@tgc.school.nz

Teacher in Charge
Miss Alana Gain
again@tgc.school.nz



HIP HOP TROUPE

The Hip Hop troupe is an auditioned troupe made up of year 9-13 students choreographed in a Hip Hop genre. Students practice weekly and work towards competitions, community and school performances. NCEA credits available for students who may not take curriculum dance.

Students will need to commit to the following events:

| | | |
|---|-------------|-------------------------|
| Gillian Moore School of Dance Competition | 30 April | Baycourt Theatre |
| Create the Bay | 27 - 29 May | Tauranga Boys' College |
| Project | 4 - 5 June | Baypark Stadium |
| TGC Showcase | 6 July | Tauranga Girls' College |
| Tauranga Performing Arts Festival | 8 -17 July | Baycourt Theatre |
| Dance NZ Made | 1 August | Baycourt Theatre |

All dates are subject to change and more could be added.
For more information contact

Senior Coach
Ave Almandoz
aa20450@tgc.school.nz

Assistant Coach
Taimana Randall
rt20145@tgc.school.nz

Teacher in Charge
Miss Alana Gain
again@tgc.school.nz



JUNIOR DANCE CLUB

This is an open troupe for year 9 and 10 dancers who audition, but do not make it in to our competition troupes. This troupe will have the opportunity to perform at Dance NZ Made as well as our school showcase. There may also be the opportunity to perform at various school events as invited.

Commitment expectations are the same as all of our other troupes and this is a fantastic opportunity for students to continue to work on their technique and performance skills. The performance piece will be a combination of jazz/contemporary/lyrical.

Students will need to commit to the following events:

| | | |
|---------------|----------|-------------------------|
| TGC Showcase | 6 July | Tauranga Girls' College |
| Dance NZ Made | 1 August | Baycourt Theatre |

All dates are subject to change and more could be added.

For more information contact

Coach
Ella Logan
le19183@tgc.school.nz

Coach
Rosa Atkins
ar19052@tgc.school.nz

Teacher in Charge
Ms Laura Currie
lcurrie@tgc.school.nz



DANCER CONTRACT

Congratulations on being selected in to one of our troupes. With this achievement, being a part of one of our school dance troupes is an honour and a privilege, not a right!

You are expected to uphold the school values both within rehearsals and when representing Tauranga Girls' College in the wider community at events and competitions by:

- Showing respect at all times to your team, student leaders, teacher in charge and other teams you meet in the community.
- Arriving on time for rehearsals and competitions. Missing more than 3 Scheduled practices per term may result in you being removed from the team. If you are unable to attend a practice due to sickness/ school activity communicate this to the teacher in charge or senior coach ASAP. If you do not communicate you may be repositioned in the dance in order to avoid disruption to the progress of the team
- Coming appropriately dressed for each rehearsal (uniform is not acceptable).
- Committing to the events/competitions outlined for the year. Once a competition date is set, if something else comes up AFTER this time, we expect the competition to take priority. Failure to do so may, once again result in a dancer being removed from the team.
- Respect the rules of the Dance room.
- Pay the troupe cost of \$50 to cover costumes and entry fees.
- Display a positive attitude and significant commitment.

Any student who does not uphold our expectations and values of respect, participation, and pride through their lack of commitment may be removed from the team. Should you feel unable to agree to these conditions please discuss this with the Teacher in Charge of the troupe ASAP.

Student Name: _____

Student Signature: _____

Parent Name: _____

Parent Signature: _____

Date:

COACH CONTRACT

At Tauranga Girls' College we expect that all our Student Leaders will abide by our school rules and uphold the values. Being a leader of one of our extra curricular Dance Troupes is a privileged position. On top of the expectations outlined in the Dancer contract the following also apply:

- Be an advocate for Dance in the kura by encouraging participation of students in dance
- Be a positive role model to all students, staff and the wider community in the way you model the Colleges values (e.g. wearing appropriate gear for rehearsals, being punctual, and organised)
- Understand and model service by motivating and inspiring others
- Lead and facilitate weekly practices for your troupe and extra practices leading up to events and competitions
- Maintain a positive image and attitude and be inclusive of others
- Interact respectfully and influence others in a positive manner, digitally and in person
- Show commitment and perseverance
- Be collaborative and creative with your fellow coaches
- Meet with the Teacher in charge of your troupe once a fortnight to support you in setting personal goals and support your leadership development. This might include being open to and reflecting on feedback through the keeping of a reflective digital leadership log
- Commit to being better than before and thus supporting the College to be the School of Choice for Girls
- Writes regular articles for 'He Karere Tūi' (our kura pānui | newsletter) and the school year book

It is a privilege to be a leader at Tauranga Girls' College. Be aware that breeches of leadership expectations could result in a demotion. Should you feel unable to agree to these conditions please discuss this with the Teacher in Charge of the troupe ASAP.

Student Name: _____

Student Signature: _____

Parent Name: _____

Parent Signature: _____

Date: