

Tauranga Girls' College

Guidelines for remote learning

During the Covid-19 Lockdown

For students

- Take your cues from your teacher; each will have different plans for working with you online.
- Engaging in online 'Meets' and online lessons –
 - Find a quiet place to join the 'Meet'. You may need to mute yourself if the whole class is online.
 - Ensure you are dressed in appropriate clothing fit to be seen by others.
 - Check what can be seen behind you by others before joining a 'Meet'. Is it appropriate for your peers and teacher to see?

For whānau

- Support your daughter by helping her establish routine in her new learning timetable.
 - Allocate time for school work as well as time to relax outside of commitments at home.
- We suggest that (where possible) you –
 - Allocate a quiet space to work, free from distraction. It may be helpful to remove phones during learning time.

You may have more than one student learning from home during this time. It may be helpful to have all students learning at the same time or not. Some may require devices while others will not. Consider this when you are working as a whānau to establish routines.

Checking in with her peers is important during this time also. Remaining connected will help everyone's well being.

Online bullying/concerns: Where to find help

- Connect with your teacher/dean or a trusted adult if things happen online that make you feel uncomfortable.
- Netsafe is here to help too –
 - Email help@netsafe.org.nz
 - Call toll free on 0508 NETSAFE (0508 638 723)
 - Text 'Netsafe' to 4282

Additional resources you may be of help

- [THE BEST ONLINE SAFETY TIPS FOR LOCKDOWN FROM NETSAFE](#)
- [NETSAFE'S ONLINE SAFETY PARENT TOOLKIT](#)
- [NETSAFE'S ONLINE PARENTING HUB](#)

